



whipped cream

SERVINGS

8

TIME

15 minutes

INGREDIENTS

- 1 cup cold heavy cream
- 1 tablespoon sugar
- 1 teaspoon vanilla

DIRECTIONS

- Use a hand-mixer to whip into desired consistency.
- Alternately, combine ingredients in a jar with a tight fitting lid. Shake until it turns into whipped cream.

EQUIPMENT

- Medium-sized bowl
- Liquid measuring cup
- Measuring spoons
- Hand mixer or jar with tight fitting lid

TIPS TO INVOLVE THE KIDS

- Designate an area to get a bit messy!
- Let the kids measure out the ingredients.
- If using a hand mixer, make sure the mixer is straight up and down.
- If using a jar, check to see that lid is tightly screwed on. If you keep shaking after you've made whipped cream, you will end up with sweet cream butter and buttermilk!

EXTRA!

- Put a dollop on top of strawberry shortcakes, ice cream, crepes, or whatever you choose!

